



Rio Rower Volunteer Opportunity: *Adaptive Rowing*

Today's Date: 6/29/11

Event Date/Deadline: on-going

Volunteer Activity:

- Equipment
- Social/Special Events
- Adaptive Rowing
- Special Projects
- Outreach/Marketing
- Other (*type*)

Detailed Description: Help with various tasks needed for adaptive erg and on-water rowing: scullers to row bow seat in 2x with adaptive rower in stroke; volunteers at erg sessions and on the dock to help assist with transfers and to ride in safety launch; safety launch drivers (must be certified by City of Tempe); coaches. Also seeking grantwriters and fundraising volunteer help.

Location of Activity:

- Your home
- Tempe Town Lake
- Other (*details*):

Time Required: (*est. # hours*) as much as you can provide whenever you can provide it -- we schedule our adaptive rowing sessions based on the availability of rowers, volunteers, launch drivers & coaches. Erg sessions are on Tues & Thurs from 1:45 - 3:30 PM at Class Fitness Studio at 7730 E McDowell Rd, # 106 in Scottsdale.

Resource Requirements:

- Travel
- Telephone
- Technology:
 - Internet access
 - Email
- Other: (*type*)

Experience/Abilities:

An interest in sharing rowing's many benefits with others -- rowing experience not necessary. Sculling experience needed to row during on-water sessions though.

If you are interested or have questions, please contact:

RSRC Member: Wendy Benz

Phone: 480.329.0404 **Email:** adaptive@riosaladorowing.org